



ElderSource
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EVERYONE WANTS TO FEEL CONNECTED

Discover How Caring Connections Can Benefit You

Often, seniors struggle with loneliness or boredom. Meanwhile, people of all ages want to give back to their community or simply meet someone new. ElderSource helps create meaningful connections between seniors and volunteers through the Caring Connections Telephone Reassurance Program.

SENIORS

Wouldn't it be nice to talk to someone who is actively interested in regularly checking in with you? It's a great way to engage with new people and your community. You're eligible for a free weekly call from a caring volunteer if you are:

- 60 years old or older
- live alone or are homebound
- reside in Baker, Clay, Duval, Flagler, Nassau, St. Johns, or Volusia county

You can enroll yourself or be referred by a caregiver, family member, friend, or service provider.

Call ElderSource at (904) 391-6631 or email Volunteers@MyElderSource.org



CONNECTING JUST FEELS GOOD

Make an Impact through Caring Connections

Many older adults want to remain independent and in their own homes, but can often feel isolated. ElderSource helps solve this problem by pairing caring volunteers with seniors who live alone or are homebound and would appreciate regular phone calls.

VOLUNTEERS

Through the Caring Connections Telephone Reassurance Program, you can help seniors stay connected to their community and improve their quality of life – while gaining a lot from these relationships yourself! If you're looking for a great way to give back and create a meaningful connection, become a volunteer by:

- passing a background screening and reference check
- attending an orientation and three training sessions
- pledging to call a senior weekly for a minimum of six to twelve months



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