



**Age Your Way Workshop #1 - May 24, 2022  
Understanding and Planning for Legal Decisions  
Resource List**

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**Primary Agencies for Resources**

ElderSource - [www.MyElderSource.org](http://www.MyElderSource.org) 1-888-242-4464  
SAGE - [www.sageusa.org](http://www.sageusa.org) 1-877-360-5428  
Lambda Legal - [www.Lambdalegal.org](http://www.Lambdalegal.org) 1-888-843-4564  
For Seniors 888-234-7243

National Long-term Care Ombudsman Resource Center  
[www.ltombudsman.org](http://www.ltombudsman.org)

Florida Ombudsman - [www.ombudsman.elderaffairs.org](http://www.ombudsman.elderaffairs.org) 1-888-831-0404  
The Consumer Voice - - [www.theconsumervoice.org](http://www.theconsumervoice.org)  
The Consumer Voice Family Factsheets -  
<https://theconsumervoice.org/issues/family/fact-sheets>  
[https://theconsumervoice.org/get\\_help](https://theconsumervoice.org/get_help)

## Other Resources

LGBTQ+ Aging Resources in Florida -

<https://www.lgbtagingcenter.org/resources/resources.cfm?st=FL>

National Resource Center on LGBTQ+ Aging <https://www.lgbtagingcenter.org/>

Find LGBTQ+ Friendly Service Providers <https://www.lgbtagingcenter.org/state/index.cfm>

Eldercare Locator 1-80-677-1116 <https://eldercare.acl.gov>

Federal and state inspection and complaint information

Medicare Care Compare - <https://www.medicare.gov/care-compare/>

Florida Health Finder - <https://www.floridahealthfinder.gov/index.html>

Long-Term Care Equality Index (LEI) <https://www.sageusa.org/lei/>

LGBTQ+ Aging Resources in Florida

<https://www.lgbtagingcenter.org/resources/resources.cfm?st=FL>

Finding an inclusive LGBTQ long-term care community

<https://theconsumervoice.org/issues/family/fact-sheets>

Know Your Rights as a Nursing Home Resident

<https://ltcombudsman.org/uploads/files/support/lgbt-residents-rights-fact-sheet.pdf>

## **Research**

AARP - Maintaining Dignity - A Survey of LGBTQ Adults Age 45 and Older

<https://www.aarp.org/research/topics/life/info-2018/maintaining-dignity-lgbt.html>•

SAGE and AARP Prepare to Care: A Planning Guide for Caregivers in the LGBT Community,  
[www.aarp.org/caregiving](http://www.aarp.org/caregiving).

LGBT Older Adults and Health Disparities, Sept. 2010 available at <https://www.sageusa.org/wp-content/uploads/2018/06/2010-lgbt-older-adults-and-health-disparities.pdf>.

The Aging and Health Report Disparities and Resilience among Lesbian, Gay, Bisexual, and Transgender Older Adults Key Findings and Fact Sheet, National Resource Center on LGBT Aging, available at <https://age-pride.org/wp-content/uploads/2019/10/factsheet-keyfindings10-25-12.pdf>.

LGBT Aging: A Review of Research Findings, Needs, and Policy Implications, S.K. Choi & I.H. Meyer, UCLA School of Law, The Williams Institute, Aug. 2016, available at <https://www.lgbtagingcenter.org/resources/pdfs/LGBT-Aging-A-Review.pdf>

Social, Economic, and Health Disparities Among LGBT Older Adults, Charles A. Emlet, Ph.D., M.S.W. available at <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5373809/>