



10688 Old St. Augustine Road | Jacksonville, FL 32257
904.391.6600 Main | 904.391.6601 Fax
1.888.242.4464 Toll-free Helpline
info@myeldersource.org

www.myeldersource.org

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Contact: Andrea Spencer
Cell phone: 904-578-2673
Andrea.Spencer@myeldersource.org

ElderSource Offering Free Interactive Online Classes

JACKSONVILLE, FL – ElderSource has announced a pilot program with GetSetUp, a new online learning platform, to offer a collection of online classes specifically for older adults seeking educational and entertaining activities. The classes, available at no cost through the end of June, are accessible on the GetSetUp website (www.getsetup.io/partner/eldersource) using a tablet, personal computer or smart phone and with the coupon code, “ELDERSOURCE.”

The GetSetUp platform is unique as the classes are presented in real-time, not a prerecorded lecture, and encourage interaction among participants and the instructor. GetSetUp Guides, who are older adults and retired educators, help participants “learn by doing” and encourage discussion and questions during the class.

Presentation topics, which change daily and often repeated, are numerous and include how to use Zoom, smart phone, social media platforms, and other technology; how to order groceries and prescriptions online; introduction to wine appreciation; virtual tours of museums and cities; health and wellness sessions; and travel and gardening guides, just to name a few.

“For older adults striving to stay safe and healthy during the pandemic, GetSetUp is a fantastic way to be uplifted, entertained, educated and connected to fascinating topics,” said Linda Levin, ElderSource CEO.

GetSetUp co-founder Lawrence Kosick said, “We’re thrilled that ElderSource has joined the GetSetUp community through their partnership. We know that older adults succeed when they have interactive fun and engaging classes to teach them skills to help them connect, socialize, and live healthier.”

The pilot program is funded by a grant from the Agency for Community Living, which supports efforts to better serve older adults and people with disabilities.

For more information call ElderSource at 904-391-6699.

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About ElderSource

ElderSource is a local nonprofit organization designated by the state as the Area Agency on Aging and Aging and Disability Resource Center for Northeast Florida. The agency provides information and referral resources for caregivers and seniors in Northeast Florida, reaching more than 12,000 people in its seven-county service area --- Baker, Clay, Duval, Flagler, Nassau, St. Johns and



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Volusia. Programs and services are funded by federal, state and local grants as well as private donations and endowments.



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